EDUCATION 425-4

COUNSELLING FOR THE CLASSROOM TEACHER

Regular Semester, 1987 May 4 - July 31 Wednesday, 8:30-12:20 Location: AQ 5047

Instructor: Office:

Dr. D. Lingley MPX 8643

Phone:

291-4676

PREREOUISITES:

60 hours of credit. Educ. 220 or Psych. 101, or equivalent, or permission of instructor.

COURSE DESCRIPTION:

This course is intended for senior students or practicing teachers who wish to explore the area of school counselling and develop some counselling skills that can be applied within the classroom setting. A combination of lectures, discussions, practice exercises and seminars will be used to explore such topics as: the role of the counsellor in the school, different models of counselling, effective helping skills, the use of group discussion to promote affective development, the use of standardized tests as an aid to counselling, and vocational counselling.

COURSE REQUIREMENTS:

- 1. Change project and paper, 35%. (Identification of a desirable change in one's own life and a diary of application of some of the counselling skills learned in class to this issue).
- 2. Group task and class presentation, 35%. (Exploration of a specific target problem in counselling, and presentation in class of your group's findings.)
- 3. Short multiple choice exams (3) based on class content; 10% each.

TEXT (Required):

Gibson, R.L., & Mitchell, M.H. <u>Introduction to Counselling & Guidance</u>. MacMillan Publishing Co.

Thompson, C.L., & Rudolph, L.B. Counselling Children. Monterey: Brooks/Cole

Kanfer, R.H., & Goldstein. <u>Helping People Change: A Textbook of Methods</u>. Pergamon Press, 1975.

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